

Organic Rice Bowls

Breakfast Bowl 14.95

offered until 12:00pm

organic sunny side up egg, avocado, black beans, cheese peppers, rice, pickled shallots, tomatoes, micro greens

Veggie Rice Bowl 10.00

rice, chickpeas, beets, shredded slaw w/ sesame, scallion | Choose miso-ginger or balsamic dressing

Add avocado mash 2.50

Add goat cheese 3.00

Teriyaki Chicken Rice Bowl 10.00

chicken, rice, scallion, sesame, teriyaki sauce

Add extra teriyaki sauce .75

Burrito Bowl 10.00

organic black beans, white rice, cheese, onion, red & yellow peppers, lettuce, tomato

Add guacamole 2.50 Add salsa 1.75

Add chicken 2.75 Add sour cream n/c

Add tempeh 3.00

Panini/ Sandwich/ Wraps

Breakfast Avocado Toast 13.75

offered until 12:00pm

sunny side up egg on Balthazar sourdough, with avocado mash, goat cheese, pickled shallots, micro greens

Mozzarella, Tomato, Basil Panini 9.75

on Balthazar ciabatta

Buffalo Chicken & Cheddar Panini 10.75

on Balthazar ciabatta

Always Summer Avocado Toast 12.00

avocado mash, goat cheese, pickled shallots on Balthazar sourdough

Add pickled jalapenos 2.00

Traditional Avocado Toast 8.00

on Balthazar sourdough

Vegetarian BLT (tempeh) 11.75

Substitutes

Ezekiel Bread 1.75 | Gluten-Free Bread 1.75

Chicken Salad Sandwich 9.75

on Balthazar multi-grain

Avocado, Tomato, Cucumber 11.00

on Balthazar multi-grain

Add tempeh 3.00

Black Bean, Rice, Cheese Burrito 10.75

Add chicken 2.75

Add guacamole 2.50

Add salsa 1.75

Add sour cream n/c

Grilled Cheese on Balthazar Multigrain Bread 7.25

Organic Salads

Beet Salad w/ Goat Cheese (GF) 13.50

beets, spring mix, goat cheese & pumpkin seeds

w/ balsamic glaze

Apple Walnut Salad (GF) 12.00

apple, romaine & tri color lettuce, cucumber, celery, tomato, walnut,

dried cranberry, w/ balsamic vinaigrette

Add chicken 2.75

Asian Chicken Salad 12.00

teriyaki chicken strips, romaine & tri-color lettuce, cabbage, sliced

almonds, sesame, *mandarin oranges & *chow mein

noodles (*not organic), w/ miso ginger dressing

Caesar Salad 10.00

romaine lettuce, parmesan cheese, w/ caesar dressing, croutons

Add chicken 2.75

Add tempeh 3.00

Make it a wrap 12.75

Organic Smoothies

Cinnamon French Toast 9.75

almond milk, banana, dates, cinnamon, almond butter,

vanilla protein powder

Breakfast Smoothie- add a shot of espresso + 3.00

Clean Green 9.50

coconut water, spinach, cucumber, banana, vanilla extract, dates

Berries 'N Cream 9.50

banana, coconut nectar, almond milk, strawberries, blueberries,

vanilla protein powder

PB&J Smoothie 9.75

almond milk, strawberries, blueberries, bananas,

almond butter, honey

Mock Mint Chocolate Chip Ice Cream 9.50

coconut milk, fresh mint, spinach, dates, banana, raw

cacao powder, vanilla protein powder

Organic Acai and Pitaya Bowls

Chocolate Almond Acai Bowl 12.75

unsweetened acai, strawberries, blueberries, banana,

raw cacao, almond butter, coconut nectar

Berry Craze 12.25

pitaya (dragon fruit), strawberries, blueberries, banana,

coconut nectar

Choice of toppings:

blueberries, banana, granola, dang coconut

chips, slivered almonds, flax seeds, chocolate

drizzle (upon request)

Organic & Gluten-Free Sweets

Choc Chip Cookie (GF) 2.75

Banana Chip Muffin (GF) 3.75

Morning Glory Muffin (GF) 3.75

Blueberry Muffin (GF) 3.75

Pumpkin Chip Muffin (GF) 3.75

Vegan Chocolate Truffles (GF) 1.95

sea salt | raw cacao | coconut

Organic Sweets

Organic Mini Banana Bread Loaf 9.99

Organic Banana Bread Slice 3.25

Sweets

Chocolate Hazelnut Croissant 3.15

Plain Croissant 2.75

Balthazar Scones 3.75

oat currant | cranberry | plain

Organic Coffee and Tea

Decaf espresso available for all espresso drinks

Non-dairy milk options: almond, oat, coconut + \$0.60

Frothed cold milk upon request

Flavored Syrups: Vanilla, Caramel, Lavender + \$0.50

Hot Drinks: 12 oz/ 16 oz

Iced Drinks + \$0.50 : 16 oz/ 20 oz + cold foam (no extra charge)

Hot Coffee	2.75	3.50
Americano	2.75	3.35
Cappuccino	3.50	n/a
Latte	3.50	4.75
Chai Latte	4.00	4.50
Dirty Chai Latte	4.75	5.50
Matcha Latte	5.00	7.00
Turmeric Latte	4.75	5.50
Cold Brew	4.00	4.50
Macchiato 6 oz.	3.50	n/a
Hot Cortado 6 oz.	3.50	n/a
Espresso	3.00	n/a
Cafe Mocha	4.00	4.50
Hot Chocolate	3.50	4.50

(whipped cream available)

Herbal Tea	3.00	3.75
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(Sweet Rose, Chamomile, Peppermint Chai)

Green Tea	3.00	3.75
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Earl Grey Tea	3.00	3.75
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English Breakfast Tea	3.00	3.75
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Retail Bag of Organic Coffee 12 oz		13.50
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Additional Drinks

Water Bottle 2.50 | Tazo Iced Tea 3.75 | Mash 3.25

Root Beer 2.75 | La Croix Seltzer 2.50 | Bai 2.75

Pureleaf 2.75 | Honest Tea 3.25 | Kombucha 4.25

Four Points Seltzer (Glass Bottle) 2.75



Organic clean food | No refined sugar

No preservatives | Non-GMO

*Chicken from Goffle Farm in Hawthorne, NJ. Free Range, anti-biotic & hormone free. All produce and frozen fruits and vegetables are organic, except where noted.

*All GF items are made with organic almond millet & buckwheat flours

Orders: (201) 399-7662

More information: (201) 649-3600

Mon, Tues, Wed, Th, Fri

8am- 4pm

Sat 10am-4pm

Sun 10am-3pm

PARKING IN REAR



ORGANIC CLEAN FOOD

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Ramsey, NJ. 07446

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